

Nurturing the Nurses

Introduction & Objectives

Nursing is an art, as well as a science. It is a profession to provide care, promote health and prevent disease with the intention of improving human health. In a rapidly changing health care environment, nurses need to take initiative and responsibility for seeking, acquiring and reinforcing their knowledge, skills and attitudes to meet the challenges of the changing world. This programme is designed to maximize the potential of nursing staff and strengthen their career development and improve quality of patient care through developing competency of the nursing workforce.

Methodology

This is a highly experiential and interactive programme. It will involve individual and group exercises, case discussions and role plays, Paper – pencil exercises, self evaluation and learning by doing techniques.

Expected Participants

The programme is open for nursing staff from all levels of management.

Programme Contents

- Self awareness & Self development
- Understanding patients and energizing patients
- Emotion Regulation
- Cultivating Positive Emotions
- Interpersonal relationship

**DURATION
OF THE
PROGRAMME**



Program Dates : April 27 / April 28, 2018

Limited Seats 30 Participants on 1st come 1st serve basis
Program Charges (per Participant) : Rs. 1,500/- + GST

Program Director : Rev. Dr. Joe Arun C.S.J MA, MBA, DPhil

Director of Joseph's Institute of Management, Trichy



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